

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45

The listed starttimes are indicative!

Coaches: Danneels Barbara HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 400M FREESTYLE MEN 15+							Heat:2, starttime: 09:05	
Heat: 2/5 Lane : 3 Athlete: VERMEULEN DAAN							Q-time: 05:08:01	
PB (50m pool): 05:08.01 Eindhoven 16/03/2025							PB (25m pool): 04:50.20 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.67	01:12.76	01:51.27	02:30.79	03:10.39	03:51.45	04:30.66	05:08.01
	00:33.67	00:39.09	00:38.51	00:39.52	00:39.60	00:41.06	00:39.21	00:37.35
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:2, starttime: 09:05	
Heat: 2/5 Lane : 4 Athlete: BULCKAEN KORNEEL							Q-time: 05:05:32	
PB (50m pool): 05:05.32 Eindhoven 16/03/2025							PB (25m pool): 04:46.39 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.86	01:11.72	01:51.82	02:31.69	03:10.99	03:50.57	04:28.89	05:05.32
	00:33.86	00:37.86	00:40.10	00:39.87	00:39.30	00:39.58	00:38.32	00:36.43
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:2, starttime: 09:05	
Heat: 2/5 Lane : 6 Athlete: HADJ FRADJ TAYSIR							Q-time: 05:08:21	
PB (50m pool): 05:08.21 Eindhoven 16/03/2025							PB (25m pool): 04:49.48 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.57	01:10.19	01:49.57	02:29.28	03:09.49	03:49.43	04:29.65	05:08.21
	00:32.57	00:37.62	00:39.38	00:39.71	00:40.21	00:39.94	00:40.22	00:38.56
								

Coach feedback:

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Event number: 16: 400M FREESTYLE MEN 15+							Heat:3, starttime: 09:10	
Heat: 3/5 Lane : 5 Athlete: HUENS WARRE							Q-time: 04:52:15	
PB (50m pool): 04:52.15 Kortrijk 26/12/2024				PB (25m pool): 04:48.33 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.87	01:08.45	01:45.25	02:22.31	03:00.11	03:37.91	04:15.73	04:52.15
	00:32.87	00:35.58	00:36.80	00:37.06	00:37.80	00:37.80	00:37.82	00:36.42
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:3, starttime: 09:10	
Heat: 3/5 Lane : 6 Athlete: VAN THILLO ELIAS							Q-time: 04:55:43	
PB (50m pool): 04:55.43 Eindhoven 16/03/2025				PB (25m pool): 04:49.51 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.61	01:09.11	01:46.69	02:24.44	03:02.38	03:40.69	04:18.81	04:55.43
	00:32.61	00:36.50	00:37.58	00:37.75	00:37.94	00:38.31	00:38.12	00:36.62
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:4, starttime: 09:15	
Heat: 4/5 Lane : 2 Athlete: AMELOOT LOUIZ							Q-time: 04:40:35	
PB (50m pool): 04:40.35 Antwerpen 27/07/2025				PB (25m pool): 04:34.38 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.47	01:07.01	01:42.56	02:18.07	02:54.48	03:30.43	04:06.31	04:40.35
	00:32.47	00:34.54	00:35.55	00:35.51	00:36.41	00:35.95	00:35.88	00:34.04
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:4, starttime: 09:15	
Heat: 4/5 Lane : 3 Athlete: VIAENE MAXIM							Q-time: 04:35:62	
PB (50m pool): 04:35.62 Antwerpen 27/07/2025				PB (25m pool): 04:33.45 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.20	01:05.68	01:40.95	02:16.57	02:51.76	03:26.71	04:02.21	04:35.62
	00:31.20	00:34.48	00:35.27	00:35.62	00:35.19	00:34.95	00:35.50	00:33.41
								

Coach feedback:

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Event number: 16: 400M FREESTYLE MEN 15+							Heat:4, starttime: 09:15	
Heat: 4/5 Lane : 7 Athlete: DE DECKER TIBE							Q-time: 04:46:08	
PB (50m pool): 04:46.08 Antwerpen 20/07/2025				PB (25m pool): 04:43.21 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.84	01:07.23	01:43.76	02:20.71	02:57.75	03:34.25	04:11.11	04:46.08
	00:31.84	00:35.39	00:36.53	00:36.95	00:37.04	00:36.50	00:36.86	00:34.97
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 3 Athlete: SCHRAM THOR							Q-time: 04:18:45	
PB (50m pool): 04:17.17 Antwerpen 28/07/2024				PB (25m pool): 04:18.25 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:17.17
	no time							
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 4 Athlete: KOCKX HENRI							Q-time: 04:15:91	
PB (50m pool): 04:15.91 Antwerpen 27/07/2025				PB (25m pool): 04:15.90SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.05	01:00.51	01:32.77	02:05.63	02:38.26	03:10.96	03:43.68	04:15.91
	00:29.05	00:31.46	00:32.26	00:32.86	00:32.63	00:32.70	00:32.72	00:32.23
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 5 Athlete: LEROUX WOUT							Q-time: 04:17:90	
PB (50m pool): 04:23.10 ANTWERPEN 31/07/2022				PB (25m pool): 04:17.90SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:23.10
	no time							
								

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 09:30
Heat: 2/11 Lane : 1 Athlete: DE BAERE AUKE					Q-time: 03:03:74
PB (50m pool): 03:03.74 Antwerpen 13/07/2025					PB (25m pool): 02:53.20 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.24	01:28.27	02:16.93	03:03.74	
	00:41.24	00:47.03	00:48.66	00:46.81	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 09:30
Heat: 2/11 Lane : 4 Athlete: GOOTJES JASMIJN					Q-time: 02:47:63
PB (50m pool): 02:47.63 Antwerpen 13/07/2025					PB (25m pool): 02:40.19 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.31	01:22.84	02:05.77	02:47.63	
	00:39.31	00:43.53	00:42.93	00:41.86	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:3, starttime: 09:35
Heat: 3/11 Lane : 0 Athlete: BAEYE ROMY					Q-time: 02:46:78
PB (50m pool): no time					PB (25m pool): 02:46.78 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:3, starttime: 09:35
Heat: 3/11 Lane : 5 Athlete: FRANKE MARIA LAYLA					Q-time: 02:40:26
PB (50m pool): 02:40.26 Antwerpen 13/07/2025					PB (25m pool): 02:37.38 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.57	01:18.46	01:59.91	02:40.26	
	00:37.57	00:40.89	00:41.45	00:40.35	
					

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 09:40
Heat: 4/11 Lane : 1 Athlete: SNOECK HANNELORE					Q-time: 02:36:17
PB (50m pool): 02:36.17 Antwerpen 13/07/2025					PB (25m pool): 02:32.55 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.04	01:15.50	01:56.39	02:36.17	
	00:36.04	00:39.46	00:40.89	00:39.78	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 09:40
Heat: 4/11 Lane : 8 Athlete: BULCKAEN JANNE					Q-time: 02:36:47
PB (50m pool): 02:35.66 Antwerpen 14/07/2024					PB (25m pool): 02:29.67 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:35.66	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 09:40
Heat: 4/11 Lane : 9 Athlete: VAN BEYLEN STELLA					Q-time: 02:39:36
PB (50m pool): no time					PB (25m pool): 02:39.36 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:5, starttime: 09:40
Heat: 5/11 Lane : 4 Athlete: STROBBE MAJA					Q-time: 02:29:07
PB (50m pool): 02:29.07 Antwerpen 20/04/2025					PB (25m pool): 02:24.44 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.53	01:13.50	01:51.86	02:29.07	
	00:34.53	00:38.97	00:38.36	00:37.21	
					

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:6, starttime: 09:45
Heat: 6/11 Lane : 2 Athlete: VANHAECKE JULIETTE					Q-time: 02:27:86
PB (50m pool): 02:27.86 Antwerpen 13/07/2025					PB (25m pool): 02:25.39 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.40	01:12.12	01:50.82	02:27.86	
	00:34.40	00:37.72	00:38.70	00:37.04	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:6, starttime: 09:45
Heat: 6/11 Lane : 3 Athlete: BLANCQUAERT CAMILLE					Q-time: 02:27:14
PB (50m pool): 02:27.14 Eindhoven 16/03/2025					PB (25m pool): 02:22.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.20	01:11.03	01:49.91	02:27.14	
	00:33.20	00:37.83	00:38.88	00:37.23	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:6, starttime: 09:45
Heat: 6/11 Lane : 9 Athlete: BAEKE STINE					Q-time: 02:28:81
PB (50m pool): 02:28.81 Antwerpen 13/07/2025					PB (25m pool): 02:23.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.26	01:11.70	01:50.34	02:28.81	
	00:34.26	00:37.44	00:38.64	00:38.47	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:7, starttime: 09:45
Heat: 7/11 Lane : 0 Athlete: CLAEYS ROMEE					Q-time: 02:26:35
PB (50m pool): 02:26.35 Antwerpen 13/07/2025					PB (25m pool): 02:19.12 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.20	01:11.44	01:48.23	02:26.35	
	00:33.20	00:38.24	00:36.79	00:38.12	
					

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:7, starttime: 09:45
Heat: 7/11 Lane : 3 Athlete: MARTELÉ LORE					Q-time: 02:23:93
PB (50m pool): 02:23.43 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:19.26 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:23.43	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:7, starttime: 09:45
Heat: 7/11 Lane : 5 Athlete: DEN BAES ELISE					Q-time: 02:23:51
PB (50m pool): 02:19.65 Antwerp 28/01/2024 PB (25m pool): 02:20.78 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:19.65	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:8, starttime: 09:50
Heat: 8/11 Lane : 6 Athlete: DE VREESE JULIE					Q-time: 02:20:68
PB (50m pool): 02:20.68 Antwerpen 20/07/2025 PB (25m pool): 02:17.14 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.55	01:09.14	01:45.52	02:20.68	
	00:32.55	00:36.59	00:36.38	00:35.16	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:9, starttime: 09:55
Heat: 9/11 Lane : 8 Athlete: VAN HERPE MILLY					Q-time: 02:18:26
PB (50m pool): 02:18.26 Antwerp 09/02/2025 PB (25m pool): 02:18.19 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.72	01:05.97	01:41.54	02:18.26	
	00:31.72	00:34.25	00:35.57	00:36.72	
					

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:10, starttime: 09:55
Heat: 10/11 Lane : 8 Athlete: HUENS NOOR					Q-time: 02:15:77
PB (50m pool): 02:15.77 Antwerpen 28/07/2024					PB (25m pool): 02:11.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:15.77	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:11, starttime: 10:00
Heat: 11/11 Lane : 2 Athlete: VAN GYSEL MAITE					Q-time: 02:09:86
PB (50m pool): 02:09.28 Antwerpen 21/04/2024					PB (25m pool): 02:06.05 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:09.28	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:11, starttime: 10:00
Heat: 11/11 Lane : 9 Athlete: VINCK TINE					Q-time: 02:13:08
PB (50m pool): 02:10.47 Antwerpen 21/04/2024					PB (25m pool): 02:08.20 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:10.47	
	no time				
					

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+					Heat:2, starttime: 10:00
Heat: 2/9 Lane : 3 Athlete: BODDAERT LUCAS					Q-time: 00:50:46
PB (50m pool): no time					PB (25m pool): 00:45.32 SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:2, starttime: 10:00
Heat: 2/9 Lane : 5 Athlete: MEERT JOLAN		Q-time: 00:49:85
PB (50m pool): no time PB (25m pool): 00:49.85 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 10:05
Heat: 4/9 Lane : 3 Athlete: ROSIERS MATHIAS		Q-time: 00:39:73
PB (50m pool): 00:39.73 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.11 SB: no time		
	5 0 M	
PB	00:39.73	
	00:39.73	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:5, starttime: 10:05
Heat: 5/9 Lane : 5 Athlete: COUTANT YARNE		Q-time: 00:36:97
PB (50m pool): 00:36.97 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.48 SB: no time		
	5 0 M	
PB	00:36.97	
	00:36.97	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:6, starttime: 10:05
Heat: 6/9 Lane : 0 Athlete: LAFAUT JEROME		Q-time: 00:36:90
PB (50m pool): 00:36.90 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.34 SB: no time		
	5 0 M	
PB	00:36.90	
	00:36.90	
		

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:6, starttime: 10:05
Heat: 6/9 Lane : 6 Athlete: BOGAERTS THIJS		Q-time: 00:36:48
PB (50m pool): 00:35.10 Eindhoven 24/03/2024		PB (25m pool): 00:34.88 SB: no time
	5 0 M	
PB	00:35.10	
	00:35.10	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:6, starttime: 10:05
Heat: 6/9 Lane : 7 Athlete: DE STROOPER ZEV		Q-time: 00:36:62
PB (50m pool): no time		PB (25m pool): 00:36.62 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:7, starttime: 10:10
Heat: 7/9 Lane : 0 Athlete: ROELS ROBIN		Q-time: 00:35:84
PB (50m pool): 00:35.84 Gent (Rozebroeken) 03/03/2024		PB (25m pool): 00:34.22 SB: no time
	5 0 M	
PB	00:35.84	
	00:35.84	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:7, starttime: 10:10
Heat: 7/9 Lane : 1 Athlete: LAFAUT LEON		Q-time: 00:35:53
PB (50m pool): 00:35.53 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:36.06 SB: no time
	5 0 M	
PB	00:35.53	
	00:35.53	
		

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:7, starttime: 10:10
Heat: 7/9 Lane : 7 Athlete: VANGAMPELAERE MILAN		Q-time: 00:35:41
PB (50m pool): 00:34.43 Zwembad Brigitte Becue Oostend 19/05/2024 PB (25m pool): 00:36.65 SB: no time		
	5 0 M	
PB	00:34.43	
	00:34.43	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:8, starttime: 10:10
Heat: 8/9 Lane : 2 Athlete: LANNOY CAS		Q-time: 00:34:10
PB (50m pool): 00:36.19 Antwerp 04/02/2024 PB (25m pool): 00:34.10 SB: no time		
	5 0 M	
PB	00:36.19	
	00:36.19	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:8, starttime: 10:10
Heat: 8/9 Lane : 9 Athlete: ROELS RUBEN		Q-time: 00:35:06
PB (50m pool): 00:34.82 Antwerpen 28/07/2024 PB (25m pool): 00:33.36 SB: no time		
	5 0 M	
PB	00:34.82	
	00:34.82	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:9, starttime: 10:10
Heat: 9/9 Lane : 3 Athlete: MCLEAN BRETT		Q-time: 00:30:86
PB (50m pool): 00:32.54 Antwerp 02/02/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:32.54	
	00:32.54	
		

Coach feedback:

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Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:2, starttime: 10:10
Heat: 2/8 Lane : 7 Athlete: VAN DER PLAS SANNE		Q-time: 00:43:67
PB (50m pool): 00:43.67 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:42.51 SB: no time		
	5 0 M	
PB	00:43.67	
	00:43.67	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 10:15
Heat: 3/8 Lane : 0 Athlete: CLAEYS ELISE		Q-time: 00:41:41
PB (50m pool): 00:41.41 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:38.30 SB: no time		
	5 0 M	
PB	00:41.41	
	00:41.41	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 10:15
Heat: 3/8 Lane : 1 Athlete: POTIER JOLIE		Q-time: 00:40:74
PB (50m pool): 00:43.30 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 00:35.91 SB: no time		
	5 0 M	
PB	00:43.30	
	00:43.30	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 10:15
Heat: 4/8 Lane : 6 Athlete: VAN DER PLAS LOTTE		Q-time: 00:38:34
PB (50m pool): 00:38.34 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.80 SB: no time		
	5 0 M	
PB	00:38.34	
	00:38.34	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 10:15
Heat: 4/8 Lane : 8 Athlete: WAIGNEIN ROSIE		Q-time: 00:38:90
PB (50m pool): 00:38.90 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.04 SB: no time		
	5 0 M	
PB	00:38.90	
	00:38.90	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:5, starttime: 10:15
Heat: 5/8 Lane : 6 Athlete: DE VREESE JULIE		Q-time: 00:36:96
PB (50m pool): 00:38.83 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:33.41 SB: no time		
	5 0 M	
PB	00:38.83	
	00:38.83	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:6, starttime: 10:20
Heat: 6/8 Lane : 2 Athlete: DE RUIJTER ELISE		Q-time: 00:34:92
PB (50m pool): no time PB (25m pool): 00:32.56 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:7, starttime: 10:20
Heat: 7/8 Lane : 1 Athlete: VAN LAECKE LIESE		Q-time: 00:34:36
PB (50m pool): 00:34.36 Antwerpen 27/07/2025 PB (25m pool): 00:33.52 SB: no time		
	5 0 M	
PB	00:34.36	
	00:34.36	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:7, starttime: 10:20
Heat: 7/8 Lane : 3 Athlete: LOONES THULINE		Q-time: 00:33:89
PB (50m pool): no time		PB (25m pool): 00:32.69 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:7, starttime: 10:20
Heat: 7/8 Lane : 7 Athlete: BOEYKENS CHARLOTTE		Q-time: 00:34:29
PB (50m pool): 00:34.29 Antwerpen 27/07/2025		PB (25m pool): 00:33.83 SB: no time
	5 0 M	
PB	00:34.29	
	00:34.29	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:8, starttime: 10:20
Heat: 8/8 Lane : 3 Athlete: HUENS NOOR		Q-time: 00:31:54
PB (50m pool): 00:31.54 Antwerpen 27/04/2025		PB (25m pool): 00:30.42 SB: no time
	5 0 M	
PB	00:31.54	
	00:31.54	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:8, starttime: 10:20
Heat: 8/8 Lane : 4 Athlete: MATTHEEUWS LIE		Q-time: 00:30:13
PB (50m pool): 00:30.13 Antwerpen 21/04/2024		PB (25m pool): 00:29.15 SB: no time
	5 0 M	
PB	00:30.13	
	00:30.13	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:8, starttime: 10:20
Heat: 8/8 Lane : 8 Athlete: VANGAMPELAERE LAURA		Q-time: 00:32:86
PB (50m pool): 00:32.49 Antwerpen 21/04/2024		PB (25m pool): 00:31.58 SB: no time
	5 0 M	
PB	00:32.49	
	00:32.49	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:8, starttime: 10:20
Heat: 8/8 Lane : 9 Athlete: SCHRAM MILA		Q-time: 00:33:32
PB (50m pool): 00:33.32 Antwerpen 27/07/2025		PB (25m pool): 00:32.09 SB: no time
	5 0 M	
PB	00:33.32	
	00:33.32	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:1, starttime: 10:20
Heat: 1/12 Lane : 7 Athlete: BULCKAEN KORNEEL		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:46.57 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:2, starttime: 10:25
Heat: 2/12 Lane : 1 Athlete: RABAEYS LUCAS		Q-time: 00:43:24
PB (50m pool): no time		PB (25m pool): 00:43.24 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:25
Heat: 4/12 Lane : 2 Athlete: VERMEULEN DAAN		Q-time: 00:35:76
PB (50m pool): 00:35.76 Eindhoven 16/03/2025		PB (25m pool): 00:33.84 SB: no time
	5 0 M	
PB	00:35.76	
	00:35.76	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:25
Heat: 4/12 Lane : 6 Athlete: TURPIJN JULES		Q-time: 00:35:66
PB (50m pool): no time		PB (25m pool): 00:35.66 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:25
Heat: 5/12 Lane : 7 Athlete: BOGAERTS SANDER		Q-time: 00:34:51
PB (50m pool): 00:34.51 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:37.02 SB: no time
	5 0 M	
PB	00:34.51	
	00:34.51	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:25
Heat: 5/12 Lane : 9 Athlete: GILLET JOLAN		Q-time: 00:34:99
PB (50m pool): 00:34.99 Antwerpen 13/07/2025		PB (25m pool): 00:39.17 SB: no time
	5 0 M	
PB	00:34.99	
	00:34.99	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:6, starttime: 10:25
Heat: 6/12 Lane : 8 Athlete: VAN THILLO ELIAS			Q-time: 00:32:29
PB (50m pool): no time PB (25m pool): 00:32.29 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:7, starttime: 10:30
Heat: 7/12 Lane : 0 Athlete: GILLET AARON			Q-time: 00:31:60
PB (50m pool): 00:31.60 Eindhoven 16/03/2025 PB (25m pool): 00:30.75 SB: no time			
	5 0 M		
PB	00:31.60		
	00:31.60		
			

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:7, starttime: 10:30
Heat: 7/12 Lane : 1 Athlete: AMELOOT LOUIZ			Q-time: 00:31:26
PB (50m pool): no time PB (25m pool): 00:31.26 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:8, starttime: 10:30
Heat: 8/12 Lane : 1 Athlete: LAFAUT JEROME			Q-time: 00:30:31
PB (50m pool): 00:30.31 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.41 SB: no time			
	5 0 M		
PB	00:30.31		
	00:30.31		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 50M BUTTERFLY MEN 13+							Heat:8, starttime: 10:30	
Heat: 8/12 Lane : 7 Athlete: LOEYS EWOUT							Q-time: 00:30:27	
PB (50m pool): 00:30.27 Eindhoven 16/03/2025							PB (25m pool): 00:29.24 SB: no time	
	5 0 M							
PB	00:30.27							
	00:30.27							
								

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+										Heat:10, starttime: 10:30																													
Heat: 10/12										Lane : 1										Athlete: VANGAMPELAERE MILAN										Q-time: 00:29:02									
PB (50m pool): 00:29.02										Zwembad Brigitte Becue 30/05/2025										PB (25m pool): 00:28.10										SB: no time									
		5 0 M																																					
PB		00:29.02																																					
		00:29.02																																					
																																							

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+										Heat:10, starttime: 10:30																																							
Heat: 10/12										Lane : 4										Athlete: VAN DEURSEN SIEBE										Q-time: 00:28:61																			
PB (50m pool): 00:28.61										Zwembad Brigitte Becue										30/05/2025										PB (25m pool): 00:27.26										SB: no time									
		5 0 M																																															
PB		00:28.61																																															
		00:28.61																																															
																																																	

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+							Heat:12, starttime: 10:35		
Heat: 12/12 Lane : 0 Athlete: MCLEAN BRETT							Q-time: 00:27:77		
PB (50m pool): 00:29.10 Antwerp 02/02/2025							PB (25m pool): no time SB: no time		
	5 0 M								
PB	00:29.10								
	00:29.10								
									

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:12, starttime: 10:35		
Heat: 12/12 Lane : 2 Athlete: SCHRAM THOR			Q-time: 00:27:26		
PB (50m pool): 00:27.26 Antwerpen 27/07/2025			PB (25m pool): 00:26.28 SB: no time		
	5 0 M				
PB	00:27.26				
	00:27.26				
					

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:12, starttime: 10:35		
Heat: 12/12 Lane : 3 Athlete: BAEYE LEON			Q-time: 00:26:51		
PB (50m pool): 00:26.51 Antwerpen 27/07/2025			PB (25m pool): 00:26.13 SB: no time		
	5 0 M				
PB	00:26.51				
	00:26.51				
					

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+			Heat:12, starttime: 10:35		
Heat: 12/12 Lane : 5 Athlete: DE MUL TOM			Q-time: 00:25:83		
PB (50m pool): 00:25.83 Antwerpen 27/04/2025			PB (25m pool): 00:25.10 SB: no time		
	5 0 M				
PB	00:25.83				
	00:25.83				
					

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:2, starttime: 10:35		
Heat: 2/11 Lane : 6 Athlete: DE BAERE AUKE			Q-time: 00:36:68		
PB (50m pool): 00:34.30 LOCHRISTI 25/01/2026			PB (25m pool): 00:36.68 SB: 00:34.30 LOCHRISTI 25/01/2026		
	5 0 M				
PB	00:34.30				
	00:34.30				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:4, starttime: 10:35
Heat: 4/11 Lane : 3 Athlete: CLAEYS ELISE			Q-time: 00:32:76
PB (50m pool): 00:32.67 LOCHRISTI 25/01/2026			PB (25m pool): 00:32.57 SB: 00:32.67 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:32.67		
	00:32.67		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:4, starttime: 10:35
Heat: 4/11 Lane : 5 Athlete: FRANKE MARIA LAYLA			Q-time: 00:32:61
PB (50m pool): 00:31.95 LOCHRISTI 25/01/2026			PB (25m pool): 00:32.58 SB: 00:31.95 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:31.95		
	00:31.95		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:4, starttime: 10:35
Heat: 4/11 Lane : 9 Athlete: POTIER JOLIE			Q-time: 00:33:92
PB (50m pool): 00:33.92 Eindhoven 16/03/2025			PB (25m pool): 00:32.48 SB: no time
	5 0 M		
PB	00:33.92		
	00:33.92		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 10:40
Heat: 5/11 Lane : 3 Athlete: VAN BEYLEN STELLA			Q-time: 00:31:94
PB (50m pool): 00:32.31 LOCHRISTI 25/01/2026			PB (25m pool): 00:31.94 SB: 00:32.31 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:32.31		
	00:32.31		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 10:40
Heat: 5/11 Lane : 5 Athlete: CLAEYS ROMEE		Q-time: 00:31:90
PB (50m pool): 00:31.90 Eindhoven 16/03/2025 PB (25m pool): 00:30.62 SB: no time		
	5 0 M	
PB	00:31.90	
	00:31.90	
		

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 10:40
Heat: 5/11 Lane : 6 Athlete: STROBBE MAJA		Q-time: 00:32:01
PB (50m pool): 00:32.01 Eindhoven 16/03/2025 PB (25m pool): 00:31.73 SB: 00:32.05 LOCHRISTI 25/01/2026		
	5 0 M	
PB	00:32.01	
	00:32.01	
		

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 10:40
Heat: 5/11 Lane : 8 Athlete: VAN DER PLAS LOTTE		Q-time: 00:32:10
PB (50m pool): 00:32.10 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.52 SB: no time		
	5 0 M	
PB	00:32.10	
	00:32.10	
		

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 10:40
Heat: 5/11 Lane : 9 Athlete: VANHAECKE JULIETTE		Q-time: 00:32:27
PB (50m pool): 00:32.27 Eindhoven 16/03/2025 PB (25m pool): 00:31.06 SB: no time		
	5 0 M	
PB	00:32.27	
	00:32.27	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:6, starttime: 10:40	
Heat: 6/11 Lane : 2 Athlete: BULCKAEN JANNE							Q-time: 00:31:37	
PB (50m pool): 00:31.37 Eindhoven 16/03/2025							PB (25m pool): 00:31.51 SB: no time	
	5 0 M							
PB	00:31.37							
	00:31.37							
								

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:6, starttime: 10:40	
Heat: 6/11 Lane : 5 Athlete: BAEKE STINE							Q-time: 00:31:23	
PB (50m pool): 00:31.23 Antwerpen 13/07/2025							PB (25m pool): 00:31.43 SB: no time	
	5 0 M							
PB	00:31.23							
	00:31.23							
								

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:7, starttime: 10:40																			
Heat: 7/11 Lane : 2 Athlete: DEN BAES ELISE																				Q-time: 00:30:67									
PB (50m pool): 00:29.46 Zwembad Brigitte Becue Oostend 19/07/2025																				PB (25m pool): 00:29.93 SB: no time									
		5 0 M																											
PB		00:29.46																											
		00:29.46																											
																													

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:7, starttime: 10:40		
Heat: 7/11 Lane : 8 Athlete: SNOECK HANNELORE							Q-time: 00:30:94		
PB (50m pool): 00:30.94 Antwerpen 13/07/2025							PB (25m pool): 00:30.31 SB: no time		
	5 0 M								
PB	00:30.94								
	00:30.94								
									

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:8, starttime: 10:40																													
Heat: 8/11 Lane : 2 Athlete: BOEYKENS CHARLOTTE																				Q-time: 00:30:34																			
PB (50m pool): 00:30.34										Eindhoven 16/03/2025										PB (25m pool): 00:30.03										SB: no time									
		5 0 M																																					
PB		00:30.34																																					
		00:30.34																																					
																																							

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:8, starttime: 10:40		
Heat: 8/11 Lane : 4 Athlete: VAN LAECKE LIESE							Q-time: 00:30:10		
PB (50m pool): 00:29.69 ANTWERPEN 30/07/2023							PB (25m pool): 00:29.30 SB: no time		
	5 0 M								
PB	00:29.69								
	00:29.69								
									

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:8, starttime: 10:40																													
Heat: 8/11																				Lane : 6					Athlete: REGNIERS LAURA										Q-time: 00:30:33				
PB (50m pool): 00:30.10										Zwembad Brigitte Becue Oostend 19/05/2025										PB (25m pool): 00:30.33					SB: 00:30.47					LOCHRISTI 25/01/2026									
		5 0 M																																					
PB		00:30.10																																					
		00:30.10																																					
																																							

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:8, starttime: 10:40	
Heat: 8/11 Lane : 9 Athlete: BLANCQUAERT CAMILLE							Q-time: 00:30:57	
PB (50m pool): 00:30.57 Eindhoven 16/03/2025							PB (25m pool): 00:29.57 SB: no time	
	5 0 M							
PB	00:30.57							
	00:30.57							
								

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 10:45
Heat: 10/11	Lane : 0	Athlete: VANGAMPELAERE LAURA	Q-time: 00:29:27
PB (50m pool): 00:29.27 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.75 SB: no time			
	5 0 M		
PB	00:29.27		
	00:29.27		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 10:45
Heat: 10/11	Lane : 1	Athlete: VAN HERPE MILLY	Q-time: 00:29:02
PB (50m pool): 00:29.02 Antwerpen 20/04/2025 PB (25m pool): 00:29.17 SB: no time			
	5 0 M		
PB	00:29.02		
	00:29.02		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 10:45
Heat: 10/11	Lane : 2	Athlete: SCHRAM MILA	Q-time: 00:28:93
PB (50m pool): 00:28.93 Antwerpen 27/07/2025 PB (25m pool): 00:28.73 SB: no time			
	5 0 M		
PB	00:28.93		
	00:28.93		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 10:45
Heat: 10/11	Lane : 3	Athlete: VINCK TINE	Q-time: 00:28:69
PB (50m pool): 00:28.69 Eindhoven 16/03/2025 PB (25m pool): 00:28.43 SB: no time			
	5 0 M		
PB	00:28.69		
	00:28.69		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:11, starttime: 10:45																				
Heat: 11/11 Lane : 1 Athlete: GOBERT LIES																				Q-time: 00:27:77										
PB (50m pool): 00:27.77 Antwerpen 27/07/2025																				PB (25m pool): 00:27.10 SB: no time										
	5 0 M																													
PB	00:27.77																													
	00:27.77																													
																														

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:11, starttime: 10:45		
Heat: 11/11 Lane : 4 Athlete: MATTHEEUWS LIE							Q-time: 00:26:47		
PB (50m pool): 00:26.47 Antwerpen 27/04/2025							PB (25m pool): 00:26.08 SB: no time		
	5 0 M								
PB	00:26.47								
	00:26.47								
									

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:11, starttime: 10:45																													
Heat: 11/11																				Lane : 7					Athlete: RAEMDONCK BENTHE-MARIE										Q-time: 00:27:71				
PB (50m pool): 00:28.13										ANTWERPEN 30/07/2023										PB (25m pool): 00:27.57 SB: no time																			
	5 0 M																																						
PB	00:28.13																																						
	00:28.13																																						
																																							

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:11, starttime: 10:45																				
Heat: 11/11 Lane : 9 Athlete: DE DECKER FEBE																				Q-time: 00:28:39										
PB (50m pool): 00:28.39 Antwerpen 27/07/2025										PB (25m pool): 00:28.04SB: 00:29.01 Luxembourg 01/02/2026																				
	5 0 M																													
PB	00:28.39																													
	00:28.39																													
																														

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 22: 200M BUTTERFLY MEN 13+					Heat:2, starttime: 10:50
Heat: 2/2 Lane : 5 Athlete: VANBESIEEN LOWIE					Q-time: 02:24:65
PB (50m pool): 02:24.65 Antwerpen 28/07/2024 PB (25m pool): 02:36.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:24.65	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:1, starttime: 10:50
Heat: 1/5 Lane : 2 Athlete: REGNIERS LAURA					Q-time: 99:99:99
PB (50m pool): 02:41.88 ANTWERPEN 23/07/2023 PB (25m pool): 02:39.36 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:41.88	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 0 Athlete: GOOTJES JASMIJN					Q-time: 03:09:67
PB (50m pool): 03:09.67 Antwerpen 13/07/2025 PB (25m pool): 03:08.74 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.93	01:33.88	02:29.34	03:09.67	
	00:46.93	00:46.95	00:55.46	00:40.33	
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:5, starttime: 11:05
Heat: 5/5 Lane : 2 Athlete: GOBERT LIES					Q-time: 02:30:36
PB (50m pool): 02:29.26 Antwerpen 27/02/2022 PB (25m pool): 02:23.09 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:29.26	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:5, starttime: 11:05
Heat: 5/5 Lane : 3 Athlete: VAN GYSEL MAITE					Q-time: 02:28:32
PB (50m pool): 02:28.32 Antwerpen 27/07/2025					PB (25m pool): 02:24.17 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.61	01:09.72	01:53.84	02:28.32	
	00:31.61	00:38.11	00:44.12	00:34.48	
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:5, starttime: 11:05
Heat: 5/5 Lane : 6 Athlete: DE DECKER FEBE					Q-time: 02:28:47
PB (50m pool): 02:43.73 Antwerp 28/01/2024					PB (25m pool): 02:28.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:43.73	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:5, starttime: 11:05
Heat: 5/5 Lane : 7 Athlete: LOONES THULINE					Q-time: 02:32:68
PB (50m pool): 02:31.27 CHARLEROI 28/07/2019					PB (25m pool): 02:24.63 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:31.27	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:5, starttime: 11:05
Heat: 5/5 Lane : 9 Athlete: VAN BRABANDT JULIETTE					Q-time: 02:38:20
PB (50m pool): 02:35.17 Zwembad Brigitte Becue Oostend 19/05/2025					PB (25m pool): 02:27.03 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:35.17	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 24: 100M FREESTYLE MEN 17+			Heat:2, starttime: 11:10
Heat: 2/6 Lane : 2 Athlete: GILLET JOLAN			Q-time: 01:05:34
PB (50m pool): 01:05.34 Antwerpen 13/07/2025			PB (25m pool): 01:03.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.88	01:05.34	
	00:30.88	00:34.46	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:3, starttime: 11:10
Heat: 3/6 Lane : 4 Athlete: LANNOY CAS			Q-time: 01:00:82
PB (50m pool): 01:00.82 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 00:58.89 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.54	01:00.82	
	00:29.54	00:31.28	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:3, starttime: 11:10
Heat: 3/6 Lane : 8 Athlete: ROELS RUBEN			Q-time: 01:01:79
PB (50m pool): 01:01.79 Gent (Rozebroeken) 03/03/2024			PB (25m pool): 00:59.94 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:01.79	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:4, starttime: 11:15
Heat: 4/6 Lane : 4 Athlete: BOGAERTS THIJS			Q-time: 00:58:76
PB (50m pool): 00:58.75 Lago Gent Rozebroeken 05/05/2024			PB (25m pool): 00:55.93 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:58.75	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 24: 100M FREESTYLE MEN 17+			Heat:5, starttime: 11:15
Heat: 5/6 Lane : 3 Athlete: KOCKX HENRI			Q-time: 00:57:62
PB (50m pool): 00:57.45 Antwerp 21/01/2024			PB (25m pool): 00:56.49 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:57.45	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:6, starttime: 11:15
Heat: 6/6 Lane : 4 Athlete: BAEYE LEON			Q-time: 00:51:28
PB (50m pool): 00:51.28 Antwerpen 27/07/2025			PB (25m pool): 00:48.97 SB: no time
	5 0 M	1 0 0 M	
PB	00:24.41	00:51.28	
	00:24.41	00:26.87	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:6, starttime: 11:15
Heat: 6/6 Lane : 7 Athlete: SCHRAM THOR			Q-time: 00:55:91
PB (50m pool): 00:55.22 Antwerpen 28/07/2024			PB (25m pool): 00:53.43 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:55.22	
	no time		
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 11:20
Heat: 2/3 Lane : 6 Athlete: REGNIERS LAURA			Q-time: 01:27:71
PB (50m pool): 01:23.97 Lago Gent Rozebeek 07/05/2023			PB (25m pool): 01:25.38 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:23.97	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 25: 100M BREASTSTROKE WOMEN 17+					Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 1 Athlete: VINCK TINE					Q-time: 01:22:64	
PB (50m pool): 01:21.75 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:18.24SB: no time						
	5 0 M	1 0 0 M				
PB	no time	01:21.75				
	<i>no time</i>					
						

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 17+				Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 4 Athlete: GOBERT LIES				Q-time: 01:11:02	
PB (50m pool): 01:10.44 Antwerp 14/04/2024				PB (25m pool): 01:09.68 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	01:10.44			
	no time				
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 17+				Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 5 Athlete: RAEMDONCK BENTHE-MARIE				Q-time: 01:12:31	
PB (50m pool): 01:14.27 Antwerpen 12/02/2023				PB (25m pool): 01:11.82 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	01:14.27			
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 11:30
Heat: 2/8 Lane : 0 Athlete: DE DECKER TIBE				Q-time: 99:99:99	
PB (50m pool): 03:11.35 Antwerpen 21/07/2024 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:11.35	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 11:30
Heat: 2/8 Lane : 8 Athlete: HUENS BRIEK					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 11:35
Heat: 3/8 Lane : 6 Athlete: BODDAERT LUCAS					Q-time: 03:42:41
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:5, starttime: 11:40
Heat: 5/8 Lane : 3 Athlete: ROSIERS MATHIAS					Q-time: 03:06:02
PB (50m pool): 03:06.02 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:59.88 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.27	01:30.59	02:18.90	03:06.02	
	00:43.27	00:47.32	00:48.31	00:47.12	
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:5, starttime: 11:40
Heat: 5/8 Lane : 5 Athlete: DE STROOPER ZEV					Q-time: 03:03:71
PB (50m pool): 03:03.71 Antwerpen 13/07/2025 PB (25m pool): 03:08.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.28	01:28.54	02:16.89	03:03.71	
	00:41.28	00:47.26	00:48.35	00:46.82	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:5, starttime: 11:40
Heat: 5/8 Lane : 7 Athlete: LOEYS EWOUT					Q-time: 03:07:45
PB (50m pool): 03:07.45 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.47	01:31.45	02:19.37	03:07.45	
	00:43.47	00:47.98	00:47.92	00:48.08	
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:7, starttime: 11:50
Heat: 7/8 Lane : 1 Athlete: COUTANT YARNE					Q-time: 02:48:71
PB (50m pool): 02:48.71 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:43.93 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.74	01:21.91	02:06.22	02:48.71	
	00:38.74	00:43.17	00:44.31	00:42.49	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 12:00
Heat: 2/7 Lane : 1 Athlete: VAN DER PLAS SANNE					Q-time: 03:25:36
PB (50m pool): 03:25.36 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:16.29 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.82	01:41.78	no time	03:25.36	
	00:47.82	00:53.96			
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 12:00
Heat: 2/7 Lane : 5 Athlete: BAEYE ROMY					Q-time: 03:08:05
PB (50m pool): no time PB (25m pool): 03:08.05 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 12:05
Heat: 3/7 Lane : 3 Athlete: MARTELÉ LORE					Q-time: 02:58:34
PB (50m pool): 02:54.69 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:47.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:54.69	
	no time				
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 12:10
Heat: 4/7 Lane : 0 Athlete: WAIGNEIN ROSIE					Q-time: 02:54:47
PB (50m pool): 02:54.47 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:42.10 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.60	01:27.86	02:11.31	02:54.47	
	00:42.60	00:45.26	00:43.45	00:43.16	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:5, starttime: 12:10
Heat: 5/7 Lane : 4 Athlete: BOEYKENS CHARLOTTE					Q-time: 02:43:87
PB (50m pool): 02:43.87 Eindhoven 16/03/2025 PB (25m pool): 02:33.13 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.10	01:18.17	02:01.59	02:43.87	
	00:37.10	00:41.07	00:43.42	00:42.28	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:6, starttime: 12:15
Heat: 6/7 Lane : 5 Athlete: DE RUIJTER ELISE					Q-time: 02:39:92
PB (50m pool): 02:39.92 Eindhoven 16/03/2025 PB (25m pool): 02:33.21 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.06	01:17.41	01:58.98	02:39.92	
	00:37.06	00:40.35	00:41.57	00:40.94	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:7, starttime: 12:20
Heat: 7/7 Lane : 3 Athlete: VAN BRABANDT JULIETTE					Q-time: 02:31:96
PB (50m pool): 02:29.51 ANTWERPEN 23/07/2023 PB (25m pool): 02:25.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:29.51	
	no time				
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:7, starttime: 12:20
Heat: 7/7 Lane : 4 Athlete: MATTHEEUWS LIE					Q-time: 02:24:03
PB (50m pool): 02:23.97 GENK 21/07/2019 PB (25m pool): 02:18.78 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:23.97	
	no time				
					

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+					Heat:1, starttime: 12:20
Heat: 1/4 Lane : 2 Athlete: GILLET JOLAN					Q-time: 01:21:27
PB (50m pool): 01:21.27 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:16.08 SB: no time					
	5 0 M	1 0 0 M			
PB	00:37.59	01:21.27			
	00:37.59	00:43.68			
					

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+					Heat:2, starttime: 12:25
Heat: 2/4 Lane : 0 Athlete: ROELS ROBIN					Q-time: 01:13:49
PB (50m pool): 01:13.49 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:10.52 SB: 01:14.64 LOCHRISTI 25/01/2026					
	5 0 M	1 0 0 M			
PB	no time	01:13.49			
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:3, starttime: 12:25
Heat: 3/4 Lane : 4 Athlete: LEROUX WOUT			Q-time: 01:04:96
PB (50m pool): 01:07.76 Zwembad Brigitte Becue Oostend 27/07/2025 PB (25m pool): 01:00.78 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:07.76	
	no time		
			

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:4, starttime: 12:30
Heat: 4/4 Lane : 0 Athlete: LAFAUT LEON			Q-time: 01:04:47
PB (50m pool): 01:04.47 Antwerpen 27/07/2025 PB (25m pool): 01:01.43 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.78	01:04.47	
	00:30.78	00:33.69	
			

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:4, starttime: 12:30
Heat: 4/4 Lane : 2 Athlete: VAN DEURSEN SIEBE			Q-time: 01:02:15
PB (50m pool): 01:02.15 Antwerpen 27/07/2025 PB (25m pool): 00:59.86 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.62	01:02.15	
	00:30.62	00:31.53	
			

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:4, starttime: 12:30
Heat: 4/4 Lane : 5 Athlete: BAEYE LEON			Q-time: 01:00:98
PB (50m pool): 01:00.98 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 00:57.49 SB: no time			
	5 0 M	1 0 0 M	
PB	00:29.69	01:00.98	
	00:29.69	00:31.29	
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: MEGA

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:4, starttime: 12:30
Heat: 4/4 Lane : 7 Athlete: DE MUL TOM			Q-time: 01:03:65
PB (50m pool): 01:03.65 Antwerpen 27/07/2025			PB (25m pool): 00:57.97 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.84	01:03.65	
	00:29.84	00:33.81	
			

Coach feedback:

Event number: 29: 100M BUTTERFLY WOMEN 17+			Heat:2, starttime: 12:30
Heat: 2/2 Lane : 5 Athlete: LOONES THULINE			Q-time: 01:08:45
PB (50m pool): 01:06.59 Zwembad Brigitte Becue Oostend 27/07/2025			PB (25m pool): 01:07.45 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:06.59	
	no time		
			

Coach feedback: